

Registration Form
Costa Rica 2019
June 23 - 28

About You	
Today's Date	
Name	
Birthdate/Age	
Address	
Email	
Phone Number	
Emergency Contact & Phone	

Accommodation	
Housing Preference- First choice	
Housing Preference- Second choice	
Couple (if a shared bed)	Yes No Name:
Roommate Preference	
Any other rooming information or requests?	

Yoga	
Yoga practice experience	
Ashtanga Experience (please list months or years you have practiced in a Mysore setting)	
Main teachers	

Class registration for retreat:	Mysore -style Ashtanga	Led Ashtanga	Unsure
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Safety			
Do you have food allergies or dietary limitations we should know about?	Yes	No	Explain:
Do you have health concerns or health conditions we should know about?	Yes	No	Explain:
Do you have an injury or physical limitation we should know about?	Yes	No	Explain:

Transportation & Arrival/Departure	<ul style="list-style-type: none"> These need to be verified once you have purchased your plane ticket and once you have arranged for your shuttle, rental car, etc. 		
Arrival Date			
Airport			
Airline			
Flight number			
Arrival Time			
Do you plan to stay in CA before or after the retreat?	Explain:		
Are you interested in a hired car?	Yes :	From SJO	From LIR No
Are you traveling with anyone else?	Yes	No	Name:

Deposit			
Non-refundable deposit enclosed	\$450		
Payment in full due by April 23, 2019	I understand that if my payment is not made by this date my spot will be opened up for another participant. Signature:		

Paperwork	I have signed and turned in the following:		
Liability Waiver	Yes	Signature:	
Payment, cancellation, and refund policies	Yes	Signature:	
Photo and publicity release	Yes	No	Signature:

Intention and reflection	
Why are you interested in participating in this retreat?	
What are you hoping to get out of this experience?	
What are your personal goals for your involvement in this retreat?	
What do you see as potential hindrances or difficulties in this process ?	

Financial Assistance	
I would like to be considered for a partial scholarship.	Yes Explain:
I would like to be considered for a work-study position.	Yes Explain:
I would like to contribute to supporting another student attend the retreat through a scholarship donation.	<p>_____ I will contribute \$50 to provide financial assistance for another attendee.</p> <p>_____ I will contribute \$_____ to provide assistance for another attendee.</p>
I would like to include an additional donation for the Art180 to provide free art lessons to Richmond youth in challenging circumstances.	<p>_____ I would like to donate \$_____.</p>